

Report on visit to "Happy Parents Home," an extension activity organized by the Department of Humanities and Social Sciences

The Department of Humanities and Social Sciences at Integral University organized a meaningful extension activity on the **5th of December, 2023**. The event involved visiting the "Happy Parents Home," an old age home in Indira Nagar. The participants were enthusiastic students pursuing B.A. (Hons.), demonstrating the department's commitment to fostering a sense of social responsibility among its students.

The journey commenced with an inaugural address by the esteemed Dean of Humanities and Social Sciences, **Dr. Shahid Ali Khan**. His presence not only marked the significance of the event but also served as a source of inspiration for the students. Dr. Khan's words encouraged the students to approach the visit with empathy and an open mind, fostering a spirit of positive engagement with the elderly residents.

The students were led by the Head of the Department, **Dr. Zeba Aqil**, and accompanied by faculty coordinators- **Dr. Archana Pande, Dr. Vandana Mishra, Dr. Jawed Akhatar, Dr. Faizan Haque, Dr. Qazi Sarah** and some other faculty members, arrived at "Happy Parents Home" with a sense of anticipation. Upon reaching the destination, the students were warmly welcomed by the management. The interaction that followed proved to be profoundly meaningful, providing a unique opportunity for both the students and the elderly residents to share experiences and insights.

The visit served as a platform for the students to engage in heartfelt conversations with the residents, learning from their life stories and experiences. This exchange of perspectives bridged the generational gap, fostering mutual understanding and respect. The students gained valuable insights into the challenges and joys of aging, contributing to their personal and academic growth.

As a gesture of solidarity and support, the Head of the Department, **Dr. Zeba Aqil** along with the faculty members and students, presented gifts to the residents. Additionally, a cheque was handed over to the management of "Happy Parents Home" on behalf of the Department of Humanities and Social Sciences. This financial contribution aimed to assist the home in its noble mission of providing a caring and comfortable environment for the elderly.

The visit was not only an act of philanthropy but also an educational experience for the students. It broadened their horizons, instilling in them a sense of social responsibility and compassion.

The entire event underscored the department's commitment to holistic education, emphasizing the importance of empathy, community engagement, and positive aging.

In conclusion, the extension activity to "Happy Parents Home" was a resounding success, leaving a lasting impact on both the students and the faculty members. Such initiatives not only strengthen the bond between academic institutions and the community but also contribute to the holistic development of individuals within the educational sphere.



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